

# AGG USA Medical and Security Rules for Sanctioned Events

## Medical Regulations:

Each athlete must have their own health insurance prior to the start of the event.

There must be a volunteer of the LOC or an employee at the competition venue that can perform the following medical tasks in case of emergency:

- ∞ General first aid for cuts, scrapes, burns, and bruises
- ∞ CPR
- ∞ Heimlich Maneuver
- ∞ Stopping bleeding with a tourniquet if necessary
- ∞ Spotting a concussion
- ∞ Wrap sprains with athletic tape

In case of emergency, the LOC must be prepared to call emergency services for an ambulance whenever necessary.

## Security Regulations:

**All** participants must sign off that they have read and agree to AGG USA's Ethics Code when checking in at the event, including international participants.

The LOC must obtain their own liability insurance for the event, and a copy of the insurance policy must be sent to the AGG USA Office.

The organizer of the event must also ensure that there is an emergency evacuation procedure in case of emergency.

