

4-6 Free Program AV Scoresheet

Team Name: _____ Country: _____ Number of Gymnasts: _____

THE GYMNASTS' QUALITY	Points	
AGG Technique	0-0.2	
The elements correspond to the skills	0-0.4	
Physical Capabilities	0-0.3	
Bilateral Work	0.2	
Unity	0-0.2	
MAX	1.3	
STRUCTURE		
Structure is varied	0.1	
Composition forms a total unity	0.1	
Variety in planes, directions, and levels	0.1	
Variety in the use of space	0.1	
Variety in the making of formations	0.1	
Travelling is fluent and versatile	0.1	
Fast and slow parts	0.1	
Strong and soft parts	0.1	
Variety in the use of different movement groups	0.1	
Variety of body movements	0.1	
Variety of balances	0.1	
Variety of jumps/leaps	0.1	
6 different formations	0.1	
MAX	1.3	
ORIGINALITY AND EXPRESSION		
Composition is expressive	0.1	
Composition is aesthetic	0.1	
Expression and style last throughout the composition	0.1	
Expression and style are appropriate for the age category	0.2	
Music and composition correspond	0.1	
Music is variable	0.1	
Music supports the composition	0.1	
Music is appropriate for the age category	0.1	
Originality in movements or combinations	0.1	
Originality in formations	0.1	
Originality in collaborations	0.1	
MAX	1.3	

DEDUCTIONS	Points	
Music poorly linked / each time	-0.1	
Disconnected additional effects / each time	-0.1	
Music stops before last movement	-0.1	
Music ended by breaking off abruptly	-0.1	
Background music	-0.2	
An error of the composition / each time	-0.1	
TOTAL		
Bonus point	+0.1	

PENALTIES	Points	
Forbidden movement or lift	-0.5	
Religion / political insults	-0.3	
Team entrance	-0.3	
Dress, hair or make-up	-0.1 - 0.2	
Lost items / each	-0.1	
Color spot on the competition area / each time	-0.2	
Assistance by any official person	-0.3	