

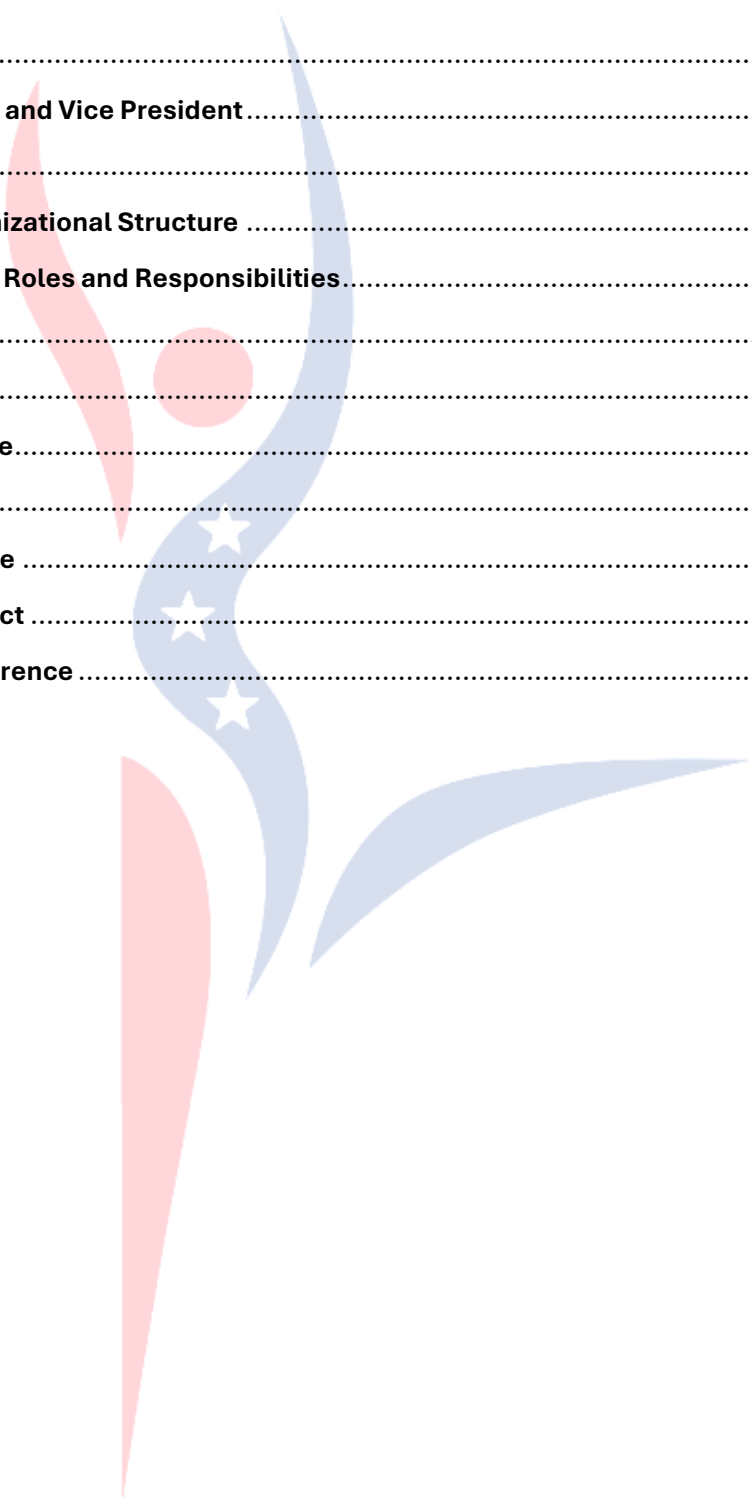


AGGUSA ADMINISTRATIVE GUIDEBOOK

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Subject to change

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Preamble

AGG USA Federation (**AGG USA**) is a nonprofit organization established and operated exclusively for charitable, educational, and sports development purposes, and is recognized as tax-exempt under Section 501(c)(3) of the Internal Revenue Code (IRC). The Federation exists to foster the growth, promotion, and sustainability of Aesthetic Group Gymnastics (“AGG”) within the United States and to ensure American athletes, coaches, judges, and other participants can train, compete, and develop in a structured, fair, and internationally recognized environment.

AGG USA Federation is the accredited national federation and the National Governing Body for the sport of Aesthetic Group Gymnastics in the United States. The Federation operates under the international patronage of the International Federation of Aesthetic Group Gymnastics (IFAGG), the worldwide governing body for AGG. By maintaining formal affiliation and alignment with IFAGG, AGG USA ensures that all U.S. athletes, coaches, judges, and teams are provided with the guidance, standards, and principles necessary to participate competitively on both national and international stages.

AGG USA closely follows the rules and regulations established by the International Federation of Aesthetic Group Gymnastics (IFAGG) to ensure consistency, fairness, and alignment with the global standards. By using IFAGG’s framework as a model, AGG USA maintains the integrity and authenticity of the sport, while adapting guidelines as needed to fit the developmental needs of athletes in the United States. This approach allows American athletes, coaches, and judges to train and compete under the same principles recognized worldwide, by emphasizing natural, expressive movement, synchronized teamwork, and artistic presentation. Adhering to the IFAGG’s rules also ensures that U.S. teams are well-prepared to participate in international competitions, fostering a seamless transition between the national and global stages. In this way, AGG USA upholds the values, structure, and spirit of aesthetic group gymnastics as envisioned by the international community.

AGG USA operates a coordinated governance structure, which includes the Board of Directors, the Technical Committee, the Ethics Committee, and the Administrative Office. The work of the AGG USA Ethical Committee, the AGG USA Technical Committee, the Board of Directors, and the Administrative Office each work in tandem in order to best support the growth and development of Aesthetic Group Gymnastics in the United States.

All activities of AGG USA are conducted in alignment with California Nonprofit Corporation Law (Cal. Corp. Code §§5000–6910), federal tax obligations under IRC Section 501(c)(3), IFAGG rules and competition regulations, and internal regulations and policies of the Federation.

Through these combined efforts, AGG USA serves as the cornerstone of Aesthetic Group Gymnastics in the United States, fostering a vibrant, inclusive, and internationally competitive community while ensuring that the sport continues to grow in a structured, fair, and ethically responsible manner.

Abbreviations

- ∞ IFAGG - International Federation of Aesthetic Group Gymnastics
- ∞ AGG - Sport of Aesthetic Group Gymnastics, defined in the Competition Rules
- ∞ LOC - Local Organizing Committee. The organizing committee or other body or person appointed to organize any IFAGG or AGG USA sanctioned event
- ∞ GM - General Manual
- ∞ Board – AGG USA Board of Directors



Statement from the President and Vice President

At the American Federation of Aesthetic Group Gymnastics (AGG USA), we are proud to represent a sport that celebrates the harmony of movement, teamwork, and expression. As President and Vice President, we are committed to promoting the growth and accessibility of Aesthetic Group Gymnastics across the United States by upholding the values of inclusivity, health, and joy in every performance and practice. Our mission is to ensure that every athlete, regardless of age, background, or experience, has the opportunity to participate, grow, and thrive in an environment that honors both individuality and unity.

AGG is a unique sport that emphasizes natural, healthy movements and the beauty of synchronized teamwork. It combines athleticism, artistry, and creativity in a way that nurtures both the body and mind. We believe that this discipline offers a refreshing alternative in the world of competitive athletics as a space where grace and strength coexist, and where success is measured not only by medals, but also by personal growth, confidence, and collaboration. Our goal is to make this form of gymnastics more widely known and appreciated in the United States, and to provide athletes with opportunities to develop their skills through high-quality coaching, fair judging, and supportive community programs.

In our leadership, we are dedicated to ensuring that the AGG USA remains a welcoming organization for all. By fostering respect, open-mindedness, and teamwork, we hope to build a community where everyone feels valued and empowered to express themselves through movement. Competition is an essential and exciting part of aesthetic group gymnastics, but it should always remain enjoyable and supportive. We want our athletes to view competition not as a source of pressure, but as a celebration of effort, improvement, and shared passion. Through well-organized events, positive coaching philosophies, and an emphasis on sportsmanship, we are working to create experiences where athletes can challenge themselves while finding joy in every performance.

Ultimately, our vision is to promote a culture within AGG that values health, artistry, and connection. We see this sport as a lifelong journey that encourages physical wellness, emotional balance, and creative expression. Together, with our dedicated coaches, athletes, judges, and families, we are building a foundation for a stronger and more united future for AGG in America.

Signed,

Elena Baltovick

President of AGGUSA

BB Ignatova

Vice President of AGGUSA

Purpose and Mission

The purpose of **AGG USA Federation** is to develop, promote, and support the sport of Aesthetic Group Gymnastics (AGG) throughout the United States by creating a community that values artistry, teamwork, inclusion, and the joy of natural movement. AGG USA Federation provides athletes of all ages and abilities with opportunities to express themselves creatively, grow physically and emotionally, and enjoy the beauty of synchronized, healthy, and harmonious gymnastics. The Federation also emphasizes personal growth, self-confidence, social skills, and a lifelong love of physical activity. AGG USA Federation works to create a positive environment where every participant feels supported, encouraged, and motivated to reach their best while contributing to the wider gymnastics' community.

The mission of AGG USA Federation is to inspire and support individuals through the sport of AGG by:

- Promoting the sport across the country through education, outreach, accessible programs, and community activities that highlight AGG's values and benefits.
- Encouraging participation for athletes of all backgrounds, ensuring inclusion, equal opportunities, and support for developing or underserved communities.
- Supporting coaches, judges, and clubs through training, mentorship, and clear standards that maintain the fairness and quality of the sport.
- Organizing safe and enjoyable competitions that celebrate artistic expression, teamwork, sportsmanship, and personal improvement.
- Promoting the health, well-being, and overall development of all participants through natural, expressive, and enjoyable movement.
- Building a culture of community, respect, and shared passion, where athletes, coaches, judges, families, and volunteers all contribute to a positive gymnastics environment.

Through these efforts, AGG USA Federation works to create a lively and supportive gymnastics community that encourages creativity, teamwork, and excellence—both on and off the floor. The Federation aims to help participants grow in confidence, skills, and a sense of belonging, making AGG a sport that is both competitive and enjoyable.

Governance Structure / Organizational Structure

AGG USA Federation is governed by a structured and coordinated leadership system that ensures effective management, oversight, and development of Aesthetic Group Gymnastics in the United States. The governance structure promotes transparency, accountability, and operational efficiency while supporting the Federation's mission and objectives.

At the top of this structure is the Board of Directors, which provides overall governance, strategic direction, and oversight. The Board includes the following key positions: President, Vice President, Treasurer, Secretary and other Board Members.

Supporting the Board are the Technical Committee, Ethics Committee, and Administrative Office, which together form a cohesive framework that allows the Federation to coordinate programs, make informed decisions, and maintain operational integrity.

The Technical Committee operates independently from the Board of Directors in matters related to the qualification system, competitions, rules, and technical regulations. This ensures that all decisions affecting athletes' competitive activities and international alignment are made with technical expertise and impartiality.

The organizational structure is built to promote clear lines of authority, effective communication, and collaboration across all levels of the Federation. Regular coordination between the Board, committees, and Administrative Office ensures that strategic decisions, policies, and international standards are consistently applied throughout all activities, from national competitions to athlete development programs.

The structure is flexible enough to allow specialized committees and working groups to be created as needed, ensuring that technical, ethical, and administrative functions are adequately addressed. This approach fosters a transparent decision-making process, encourages accountability, and ensures that all stakeholders—including athletes, coaches, judges, and member clubs—are supported in accordance with the Federation's mission.

By maintaining a clear governance and organizational structure, AGG USA Federation ensures that leadership, operational management, and strategic oversight are properly aligned. This provides a solid foundation for growth, long-term sustainability, and excellence in Aesthetic Group Gymnastics across the United States.

President and Vice President: Roles and Responsibilities

President:

The President of AGG USA Federation serves as the chief executive of the organization and provides overall leadership, strategic direction, and representation of the Federation at national and international levels. The President is responsible for:

- Setting the vision and strategic priorities of the Federation in collaboration with the Board of Directors
- Representing AGG USA in official matters, including interactions with IFAGG, national sports bodies, and other external stakeholders.
- Ensuring the Federation operates in accordance with its mission, policies, and applicable administrative regulations.
- Overseeing the work of the Board, committees, and Administrative Office to maintain organizational cohesion and alignment with goals.
- Approving high-level initiatives, partnerships, and strategic programs that promote the growth and visibility of Aesthetic Group Gymnastics in the United States.

Vice President:

The Vice President supports the President in achieving the objectives of AGG USA Federation and may act on behalf of the President when necessary. Responsibilities include:

- Assisting in strategic planning and execution of Federation initiatives.
- Supporting the coordination and communication among the Board, committees, and Administrative Office.
- Acting as a liaison for special projects, programs, or events as delegated by the President.
- Assuming the duties of the President in their absence, ensuring continuity of leadership and decision-making.
- Providing guidance and support to the President and Board to facilitate effective governance and operational oversight.
- The President and Vice President ensure that all activities of the Federation comply with applicable laws, regulations, and internal policies.

AGGUSA Technical Committee

The AGG USA Technical Committee is in charge of approving the General Manual and any changes to the GM. The Technical Committee can propose changes to the GM at any time. The approval of the GM or changes to the GM will be announced on the AGG USA website (www.aggusafederation.com). The GM, along with all other rules and regulations posted on the AGG USA website, are subject to change as AGG USA continues to improve the structure of AGG in the United States. ([IFAGG, GCR, page 5](#))

The American Federation of Aesthetic Group Gymnastics (AGG USA), its members, and the committees of the members, and every person who competes or acts in the AGG USA's events are obligated to follow the rules and regulations established by AGG USA. The AGG USA Technical Committee has the right of decision for all decisions mentioned in these rules, unless the AGG USA Technical Committee has delegated the right of decision to another governing body or person.

All members of AGG USA, including clubs, coaches, judges, athletes, and committees, are obligated to comply with the decisions, rules, and regulations established by the Technical Committee. Compliance with these decisions is mandatory for participation in all AGG USA events, competitions, and programs. ([IFAGG, GCR, page 5](#))

AGG USA is responsible for establishing AGG competition rules for competitions and events held in the United States. The AGG competition rules, and other rules and official additions concerning competition activities, are the responsibility of the Technical Committee. These rules, their appendix and major changes to the rules must be approved by the AGG USA Technical Committee. The rules and major changes to the rules are published on the AGG USA website, and they will come into force from the date of validation and a minimum of one week after the announcement.

The Technical Committee operates independently from the Board of Directors in all matters related to the qualification system, competitions, technical rules, and the General Manual. This independence ensures that decisions are made based on technical expertise and impartiality, protecting the integrity of the sport and providing clear, consistent guidance for athletes, coaches, judges, and clubs throughout the United States.

AGGUSA Ethics Committee

Fair Play is the basic guiding principle in the sport of Aesthetic Group Gymnastics. The gymnasts, groups, coaches, other assistants of the gymnasts, judges, managers, clubs, delegation members and competition organizers must be on their best behavior during all events by acting in the spirit of Fair Play. The disturbance of other gymnasts or teams during their performance and intentionally misleading the judges and/or officials is against both the IFAGG and AGG USA code of ethics. The participants of all competitions must follow the IFAGG and AGG USA regulations. Conduct should always reflect honesty, good sportsmanship, courtesy, and respect. ([IFAGG, GCR, page 26](#))

Violation of the IFAGG Code of Ethics will be penalized according to the IFAGG and AGG USA Disciplinary Rules. All judges must follow AGG USA and IFAGG regulations, the IFAGG Code of Ethics for judges, as well as competition rules and all other IFAGG/ AGG USA regulations. The judges who violate these rules will be sanctioned by the IFAGG Disciplinary Rules, according to the judges' warning procedure.

Competition organizers must handle the personal data of participants according to local laws and regulations and with care. Personal data can only be used for organizing the competition or event and personal data must be deleted after the data is no longer needed for this purpose. ([IFAGG, GCR, page 27](#))

AGG USA Administrative Office

The Administrative Office serves as the central operational and support unit of AGG USA, ensuring smooth coordination among clubs, coaches, judges, and athletes. The Office maintains official records and provides administrative support for competitions, events, and programs, ensuring compliance with AGG USA policies and standards. It also acts as a point of contact for inquiries and communications, supporting transparency, consistency, and effective management across the Federation.

Rule Violations and Misconduct

AGG USA , its members and the committees of the members, and every person who competes or acts in IFAGG/AGG USA events is obliged to follow the good spirit of the sport, the ethical values of the sport, the principles of Fair Play, National and International Rules of Doping and other rules and regulations that are in force. Violations will be penalized according to the AGG USA and IFAGG Disciplinary Rules. All members, clubs, coaches, judges, and athletes are required to follow the decisions of the AGG USA Technical Committee. Non-compliance may result in sanctions according to AGG USA rules and IFAGG regulations.

Administrative and Legal Reference

This statement and the activities of AGG USA Federation are carried out in accordance with:

- ∞ California Nonprofit Corporation Law (Cal. Corp. Code §§5000–6910)
- ∞ Internal Revenue Code Section 501(c)(3) (26 U.S.C. §501(c)(3))
- ∞ IFAGG Statutes, Competition Rules, and Code of Ethics
- ∞ AGG USA Technical Committee regulations and General Manual
- ∞ AGG USA Ethics Committee rules and Disciplinary Rules
- ∞ Data protection and privacy obligations under applicable U.S. federal and state law
- ∞ AGG USA internal policies, procedures, and administrative guidance